

Montgomery County, Maryland Department of Health and Human Services Aging and Disability Services



COMMISSION ON AGING ANNUAL REPORT 2006

Letter of Transmittal to County Executive, Isiah Leggett and Council President, Marilyn Praisner

The Commission on Aging (COA) is pleased to present its 2006 Annual Report. This report summarizes the key activities undertaken by the Commission in 2006 to advance the health and independence of the most vulnerable seniors as well as address the more general quality of life and information needs of all Montgomery County seniors.

The Commission has adopted a two pronged approach to address senior needs and concerns: one focuses on more immediate matters, while the second centers on longer term senior challenges associated with the aging of the baby boomers which will pose policy, program, and service challenges for the next two decades. In keeping with its legislated powers and duties, the Commission continues to advise and advocate vigorously that the Legislative and Executive Branches of Montgomery County Government as well as the County Delegation to Annapolis come to grips with essential senior issues. The Commission consults on a regular basis with County senior stakeholder organizations as well as senior individuals to obtain input on policy, program and budget priorities.

The initiatives undertaken in 2006 by the County including the physical improvements to several senior centers and the support for free bus transportation service in the County during non-rush hour periods are much appreciated by the seniors of the County and the Commission. In addition, the County merits kudos for getting the first phase of the long-range planning effort underway. More generally, the Commission highly values the County government's sense of urgency and continuing fiscal commitment to providing program and service support to ease the burden on vulnerable seniors and care givers.

The energies of the Commission will continue to be directed toward representing the interests and concerns of Montgomery County seniors. We shall continue to advise, on a regular basis, all parts of the County Government and the Montgomery County Delegation to the Maryland General Assembly.

We value the assistance given the Commission by staff of the County Government. We particularly appreciate the invaluable assistance provided by Meg Campbell-Kotler, Commission Executive Secretary and Susan Keane, Office Services Coordinator.

The Commission on Aging is dedicated to working with the public, private and nonprofit sectors of Montgomery County to promote the mental and physical vigor of its senior citizens.

COMMISSION MEMBERS 2006

OFFICERS 2006

Harold Wallach, Chair Goldie Rivkin, 1st Vice Chair Alan Kreger, 2nd Vice Chair James Mayo, Treasurer Samuel Kramer, Secretary

COMMITTEE CHAIRS

Sr. Services Oversight, Irwin Goldbloom, Public Communications, Judith Jaffe Access to Health Care, Andrea Lev, Public Policy, Les Trachtman

MEMBERS

Ceceil Belong Donna Duke **Bruce Dunton** Jodie Fine Barbara Glaser Frances Goldstein Elaine Hoover Vivien Hsueh John Kenney, Exec. Liaison Suzy Leahigh Patricia Lesnick Juanita Perry Marcia Pruzan David Richman Sandra Sewell **Patrice Thomas** Mike Goldman

DEPARTMENT LIAISONS

Keith Fleeman, Department of
Libraries
John Vass, Housing Opportunities
Commission
Calvin Green, Department of Public
Works and Transportation
Pat Streeter, Department of Recreation

OFFICERS 2007

David Richman, Chair Suzy Leahigh, 1st Vice Chair Alan Kreger, 2nd Vice Chair Sandra Sewell, Treasurer James Mayo, Secretary



COMMISSION ON AGING 2006

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AN AGING POLICY FOR MONTGOMERY **COUNTY**

Seniors are a large, rapidly growing and increasingly important segment of Montgomery County's population. The Commission on Aging recommends that it shall be the policy of Montgomery County, Maryland to develop and implement programs and services that reflect the changing needs of seniors and promote their continued contribution to the quality of life in this community. In short, our goal is to foster healthy and vital aging.

The Commission calls upon Montgomery County to undertake to:

- 1. Involve seniors as active participants in designing policies and programs which affect them, across all departments of county government.
- 2. Encourage meaningful community participation by seniors in areas such as: intergenerational activities, recreational opportunities, lifelong learning, community service and work both volunteer and paid.
- 3. Provide thorough, timely and objective information to help seniors to manage their affairs and make informed decisions, especially in the complicated world of health, long term care and insurance coverage.
- 4. Give priority to programs for seniors which promote physical and mental health, counteract social isolation, maintain or enhance independence, augment selfsufficiency and strengthen coping skills.
- 5. Ensure a coordinated system of senior services that is accessible and easy to use.
- 6. Support independence by facilitating senior mobility, affordable housing and safe environments in our neighborhoods.
- 7. Seek opportunities to further senior employment and economic wellbeing.
- 8. Support families, friends, neighbors and caregivers in caring for older adults.
- 9. Monitor changing trends affecting the senior population, evaluate the performance standards, budgeting and efficacy of current county objectives, programs and services, and adapt or change them as necessary.
- 10. Remove or mitigate obstacles created by county actions that undermine achievement of the foregoing policy goals.



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CROSS CUTTING CONCERNS

RECOGNIZING THE IMPORTANCE OF INFORMATION AND TRUSTED ADVICE

Seniors face significant difficulty when trying to navigate the complex health care arena. They need not only accurate information, but trusted guidance, advice and counsel about choices and the consequences of decisions. Seniors are faced with too many choices and insufficient information on topics such as the purchase of Medigap policies and selecting a prescription drug plan from among the dozens of options available under the Medicare Part D program. By contrast, while in the work setting, human resource departments were available to advise them about the strengths and weaknesses of the health insurance plans being offered. Now in retirement, seniors need access to the same objective advice and counsel on health insurance matters regardless of their level of education. County investment in information and counseling assistance for seniors supports their self-sufficiency and independent living.

FAILING TO COUNTERACT SOCIAL ISOLATION IS DEADLY

There is mounting evidence that isolation increases the risk of dying. A recent issue of the Harvard Heart Letter (January 2007), states that "Loneliness actually stresses the heart and the entire cardiovascular system...What helps the heart and blood vessels thrive are social connections..."

Investment by the county in expanding senior

center and community center activities including the





senior lunch program would have a very positive effect on the problem of social isolation. The participants of the senior lunch program are primarily low-income; many live alone. They depend on the hot, balanced and healthful meal the program provides. Often this is their only hot meal of the day.

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This congregate meal program meets not only nutritional needs, but also offers a very important means to counteract isolation and stimulate social participation. There is

clear evidence that active participation in social networks positively affects the physical and emotional well-being of seniors by providing social support, engagement and access to resources and information.

The greatest number of congregate meals are served in senior centers which also offer a variety of programs and services including: free blood pressure checks; help with income



tax preparation; trusted guidance regarding Medicare Part D, elder law seminars; exercise classes focusing on balance and strength to prevent falls, promoting weight control, as well as health assessments and guidance offered by registered nurses provided by local hospitals.

Ethnic/cultural and minority senior organizations have contracts with the county to provide culturally appropriate meals and activities. These sites are very popular and some seniors take three buses to attend! These organizations would like to expand both the number of days of operation and meals served however, current funding levels in the senior nutrition program are insufficient for this expansion.

The Commission recommends that the county provide funding to enable the senior nutrition program to keep up with the requests for culturally appropriate meals as well as respond to the need for meals for the growing senior population.

County funding to extend the hours of senior center operation to seven days a week as well as expanding the senior program activities offered at community centers both during the week and on weekends is needed to provide opportunities for social interaction and activity among seniors of all income and ethnic backgrounds.

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Establishing budget priorities for County senior services is an annual activity of the Commission. Priorities are developed in consultation with staff from appropriate County Departments, nonprofit agencies, representatives of ethnic/cultural/language minority groups and senior advocacy organizations.



The following is a summary of the Commission's Budget Priorities for FY07 and FY08. The Montgomery County fiscal year is July 1—June 30.

FY07 BUDGET PRIORITIES

Support for Aging in Place was the over-arching theme for the Commission's FY07 budget priorities, emphasized services that help seniors to help themselves by supporting good health and independence, preventing or delaying disability and serving a broader spectrum of senior interests and needs.

AGING IN PLACE PRIORITIES:

Transportation to Senior Centers, Senior Programs and Short Trips – \$180,000 Restore transportation to the Clara Barton Center that was eliminated in FY04. Provide transportation to the senior program at Longwood Community Center one day a week. Increase transportation to the Margaret Schweinhaut Senior Center to five days a week and respond to emerging needs for transportation to the Leland Community Center and Clarksburg sites. These funds include restoring a short trip each month from each senior site.



Adult Protective Services –\$250,000 is requested to add 2 Social Worker and 1 Community Health Nurse positions to the staff of the Adult Protective Services (APS) and Case Management Unit. APS is averaging 50 new investigations each month. Over 180 frail seniors and disabled adults are on a waiting list to receive assessments and case management under the Social Services to Adults Program, because APS is a priority service, staff have been redeployed to this program.

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Information and Assistance - \$137,500 is requested to increase access to thorough and unbiased information essential to enable seniors to make informed decisions.

Senior Recreation Programs - \$88,120 is requested for the Margaret Schweinhaut Senior Center to add a coordinator position and replace the sound system and expand hours of service to include evening and Saturday.

Chore Services –\$140,000 is requested to serve the 55 seniors and younger adults with disabilities on the waiting list. Currently, the program serves on average 30 clients per month.

Respite Care – \$90,000 is requested to serve 25 individuals on the waiting list. Respite Care provides a break for family caregivers of adults and children with disabilities and the frail elderly. This enables the family to continue to care for their loved one in the community rather than in a nursing home or other institution.



In-Home Aide Services – \$1.4M is requested to serve the 100 high risk seniors and younger adults with disabilities on the waiting list.

FY08 BUDGET PRIORITIES

The Commission's priorities reflect its advocacy for the County to fund programs and services that help seniors to remain independent, optimize their self-sufficiency and enhance their coping skills. Transportation is a major obstacle for seniors who cannot drive. The social isolation associated with the inability to drive and lack of social contact is detrimental to physical and mental well-being. The Commission urges the County government to continue to augment its investment in senior transportation programs and services.

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Social Services to Adults - \$635,000

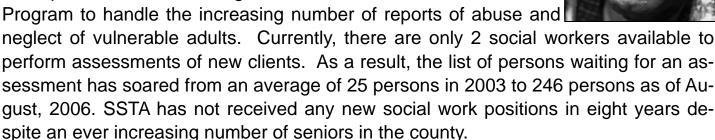
Social Services to Adults (SSTA), provides assessment, crisis intervention and care management for persons 18 years of age and older who have physical and/or mental impairments including frail seniors, adults with disabilities and adults with disabilities at-risk of eviction or homelessness. Seventy-five percent of the clients are age 65 and

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older. The majority of clients earn less than 40% of the State's median income (\$17,136). Through care management assistance and the provision of multiple services these at-risk seniors and disabled adults are able to remain living in the community in relatively safe and healthy environments. Program outcome measures support the programs goals: Less than 1% of SSTA clients require a referral to Adult Protective Services; a minimum 80% of clients continue to live safely in the community one

year after case management has been initiated; client satisfaction scores are 90%, clients obtain 5 support services/resources as a result of SSTA care management.

The SSTA program has lost 3.5 social workers since 2003. Two social work positions were redeployed to the Medical Assistance Waiver Program to meet cost-sharing requirements. 1.5 social work positions were reassigned to the Adult Protective Services Program to handle the increasing number of reports of abuse and



The Commission on Aging seeks \$635,000 in FY08 to fund the following positions in the SSTA program: 6 social workers, 1 social work manager and 1 office services coordinator.

Senior Strategic Plan - \$250,000 -

This activity, initiated in FY06 and continued through FY07 must be completed as soon as possible. The first phase of the senior plan to be completed in March, 2007 was designed to gather information about senior needs and expectations. This phase must be followed by activities to:

- 1) Analyze the information gathered and identify the root issues,
- 2) Conduct formal assessments that quantify the unmet needs of seniors for critical services. Existing data is limited and insufficient for making policy and budget decisions.
- 3) Establish standards to evaluate progress and
- 4) Complete the long range strategic plan for seniors in such a way that it will become an important management tool for the County Executive, County Council and the Departments of County Government to implement and oversee senior programs.

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DEPARTMENT OF RECREATION

Senior Adult Programs – Increase Staffing at Senior Centers and Senior Community Programs - \$80,000

A full-time Recreation Coordinator position is requested for the Margaret Schweinhaut Senior Center. This center serves a minimum of 4,000 senior participants each month with a current staffing complement of 1 full-time Director and 3 part-time positions working 15, 18 and 20 hours per week.

ADA Compliant Sound Systems and Audio Equipment - \$40,000

These systems are needed for Holiday Park, Schweinhaut, Long Branch and Damascus Senior Centers.

Senior Centers and Community Recreation Facilities for Seniors

Establish a permanent, dedicated line item for the repair and maintenance of facilities with senior programs.

DEPARTMENT OF PUBLIC WORKS AND TRANSPORTATION Call'N' Ride - \$2.2M

Funds are requested to increase the income eligibility for the Call'N'Ride Program. The maximum allowable income at this time is \$20,000 for one person and \$25,100 for a couple. The Commission is recommending that the maximum income be raised to \$30,000 for an individual and \$40,000 for a couple. It has been over ten years since the income eligibility levels of the Call'N'Ride Program have been examined. Over that time, increases in the cost of living, energy, food and prescription medications have eaten away at the buying power of moderate income seniors. While the Federal Poverty Line is \$9,800 for an individual, the Community Action Board considers \$30,500 as the minimum standard of need for an individual adult residing in Montgomery County.

Data provided by the Maryland National Capital Park and Planning Commission, indicates that there are about 12,000 additional seniors age 67 and older who would be eligible for the Call'N'Ride Program at the proposed income levels. Based on the current rates of participation, a maximum participation rate of 25% or 3,000 seniors is assumed. This higher income group would have a co-pay of \$26.25 per \$56 coupon book; it is assumed that participants will purchase 2 books each month.



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COMMUNICATIONS AND OUTREACH

The Commission acts to inform county seniors and caregivers about services available from public, private and non-profit sources. The Commission seeks input from service providers, seniors and caregivers, County officials, program and service staff, and senior stakeholders.

A primary tool for informing seniors about County programs and services is the "Seniors Today" cable television program shown daily on County Cable Montgomery, Channel 6. This half-hour show covers topics of special interest to seniors, including interviews with elected officials, authors, community leaders, advocates, artists, medical experts, among others.

In 2006, the Commission convened five senior stakeholder meet-

ings to inform the community about issues, developments, upcoming events, and to elicit comments from the community about unmet needs, emerging issues, policy, legislative and budgetary priorities; and related matters. The meetings were well attended, a diversity of ideas and concerns were expressed, and the Commission profited from the interchange.

In 2006, Commission on Aging members were invited to participate in the Senior Plan Advisory Committee. Five community forums were conducted in September and October. The Commission provided participants to serve as hosts, group discussion facilitators, and recorders/reporters.

Also, in 2006, the Director of the Department of Health and Human Services met



quarterly with representatives from the boards and commissions, under her purview. The chair and first vice chair of the Commission on Aging regularly attended these meetings which provided information about the DHHS strategic plan, fiscal outlook, and budget priorities. These meetings provided an opportunity for representatives of boards and commissions to share their priorities and concerns.

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FY06 COMMITTEE ACTIVITIES

Executive Committee

The Executive Committee is comprised of Commission officers and committee chairs. It develops the major priorities and provides direction to the Commission. The four standing committees identify service gaps, quality of care issues, and conduct studies to address policy concerns and service barriers confronting seniors. The three primary areas on which the Commission has been focusing with regard to County policy and budget are: 1) addressing the serious deficiencies in the physical condition of the major senior centers (Holiday Park and Schweinhaut); 2) promoting a transportation initiative with the County Council to provide free bus service for senior and disabled persons during week-day non-rush hour periods; and 3) obtaining substantial County funding support and policy interest for a strategic planning effort to prepare for the aging of the baby boomers.

Public Policy Committee

The Public Policy Committee focuses on budget and legislative priorities at the county and state levels. The committee emphasized the need for long-range strategic planning by both the county and state. It's priorities at the county level have centered on in-home supports (such as chore services and in-home aides, as well as support to family caregivers (adult day-care and respite care), and additional senior program staff at senior and community centers. At the state level, the committee focused on maintaining Medicaid funding levels and ensuring that the proposed Community Choice long term care managed care program would not have unintended negative effects.

Access to Health Care Committee



In 2006, this Committee examined how the Montgomery Cares clinics are addressing the health care needs of uninsured seniors,. In addition, the committee is initiating a study of discharge planning and the post discharge experience of county seniors.`

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Communications and Community Outreach Committee

This Committee plans and produces the Commission's monthly cable television program, "Seniors Today". Nine programs are produced each year. Due to budget constraints two programs are taped on each day. This affects the timeliness of the second show which is aired 1 ½ months after the taping date.

Senior Services Oversight Committee

In 2006, this Committee continued to examine quality and safety standards for assisted living facilities. This has involved meeting with state and county regulators on the extent to which there is sufficient staff to inspect the small assisted living homes in a timely fashion. Committee members initiated a monthly column "Ask the Ombudsman" in the Senior Beacon newspaper to provide consumer advice on long-term care facilities. This column recently won first place in the Senior Issues category from the North American Mature Publishers Association.

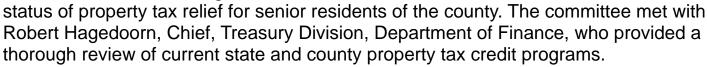
Summer Study Summer Study Committees

The topics for study are selected each year at the May meeting of the Commission on

Aging. Members of senior stakeholder organizations are invited to participate in the Commission's summer study committees. In the summer of 2006, the Commission on Aging focused on the following:

Property Tax Credits

Members of the Commission on Aging, non-profit agencies and senior stakeholder organizations met to discuss the



The committee identified the following:

 Current state and county property credit programs are available to home owners with annual income of \$60,000 or less, regardless of age.



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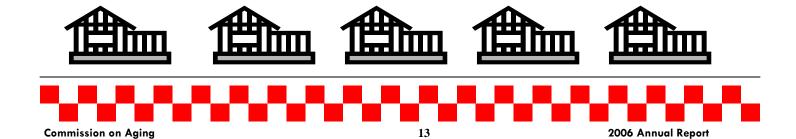
- The property tax credit applies to only the first \$300,000 of the home's assessed value. However, the median sale price of all homes in the county in 2005 was \$455,250
- Only about 10% of persons eligible for property tax credits apply for and receive this credit
- The Maryland State Department of Assessments and Taxation administers both the state and county property tax credit programs
- The state application form is difficult to comprehend and printed in a senior unfriendly font size of 10
- The state toll free telephone number for obtaining information or asking questions about the property tax credit programs is a taped message with number options. The frustration of not being able to talk with someone causes many seniors to fail to complete the application.
- Bill 35-06, Property Tax Credit Senior Citizens was introduced by Council member Marilyn Praisner on July 25, 2006. This bill provides for additional property tax relief for seniors age 70 or older who are eligible for the existing property tax credit programs. The Commission on Aging testified in support of this legislation. Its effective date is July 1, 2007.

The summer study concluded with recommending that the Commission's Oversight Committee study ways to 1) improve community education on the availability of property tax credit programs and 2) provide assistance to frail seniors who have difficulty completing the application.

Senior Housing

In March 2005, MNCPPC issued the results of its 55+ Housing Preference Survey. This survey found that the majority of Montgomery County residents age 55 and over plan to remain in their current residence for the rest of their lives. However, because most suburban homes were designed for families, seniors will need to make modifications to their homes if they are to remain independent.

The committee focused on the barriers of cost and locating a knowledgeable and reputable contractor to make the needed modifications for aging in place.



The committee met with Stephen Hage from Strategies for Independent Living to learn about the creative design and equipment now on the market for home modification and with Ric Titus, Office of Consumer Affairs to learn about consumer protections when home modifications are made.

Committee members learned that Rebuilding Together will install grab bars and ramps along with other repairs for seniors with limited income. Income eligibility for a single person household can be no more than \$29,000 and for a two person household no more than \$33,000 annually.

In 1999, the median household income of seniors age 65-74 was \$62,998 and for those 75+ the median income was \$47,859. The committee concluded with the recommendation that a referral list of qualified contractors who agree to charging "fair prices" for home modifications would assist seniors with income at or below the county's median who do not meet the eligibility for the services of organizations such as Rebuilding Together.











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COMMISSION ON AGING

The Commission on Aging, established in 1967, operated under the auspices of the County Council until August 1974, when its operation was transferred to the Executive Branch. Chapter 27, Article III of the Montgomery County Code establishes the powers and duties of the Commission on Aging. Section 27-34 states, "It is hereby declared to be the public policy of the county to promote and initiate programs to improve conditions of the aging or elderly in the county; to work toward elimination of restrictions which impede older citizens from full participation in the mainstream of community life; and to assist and stimulate all levels of government and the community to be more responsive to the needs of the county's older citizens." The Commission on Aging has a duty to advise and counsel the residents of the county, the County Council, the County Executive and the various departments of county, state and federal government on matters involving the needs of the aging

COMMISSION MEMBERSHIP

The Commission on Aging consists of no fewer than 18 members appointed by the County Executive, subject to confirmation by the County Council. There are currently 26 members of the Commission. Members must be county residents of whom a majority shall be residents age 60 and older. Members include: those who participate in or who are eligible to participate in programs under the Older Americans Act, local elected officials or their designees, individuals who are or who have been active in government, business, industry, labor, community service, religious, social services, education, the professions and representatives of major organizations or agencies concerned with aging.

LIAISON ACTIVITIES

Pedestrian and Traffic Safety Advisory Committee—Goldie Rivkin

Consumer Advisory Committee to the In-Home Aide Services

Program—Sandra Sewell

Transportation Committee for Seniors and People with

Disabilities—Goldie Rivkin and Judith Jaffe

Public Guardianship Review Board—Elaine Hoover

Recreation Department Advisory Board—Suzy Leahigh

United Seniors of Maryland—Bruce Dunton

Vital Living Montgomery Steering Committee—Les Trachtman

Senior Plan Advisory Committee—Hal Wallach. Goldie Rivkin, David Richman



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The County Executive can be reached at the Executive Office Building
101 Monroe St. 2nd floor
Rockville, MD 20850
240-777-2500

OCEmail@montgomerycountymd.gov

The County Council can be reached at 100 Maryland Avenue

Rockville, MD 20850

240-777-7900

Fax: 240-777-7888

Councilmember.@montgomerycountymd.gov

COUNTY EXECUTIVE ISIAH LEGGETT

Sail Tysett



Montgomery County is a great place to live, raise a family, grow a business, and earn a paycheck. We are going to keep what's working, fix what's not, and make sure everybody gets a seat at the table when decisions are made."



The Montgomery County Council

Seated from left to right; George L. Leventhal, Marilyn J. Praisner (President), Phil Andrews. Standing from left to right; Marc Elrich, Valerie Ervin, Roger Berliner, Duchy Trachtenberg, Nancy Floreen, and Mike Knapp (Vice-President).

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SENIORS TODAY

County Cable Montgomery, Channel 6



Seniors Today is a monthly cable television show for and about Montgomery County seniors. Tune in each month for

lively and informative discussions with Government Officials, Authors, Artists, Community Leaders, Advocates, and



Austin Heyman, Host of Seniors Today.

Seniors who are making a difference.

Daily schedule of show times:

Monday 9:30 a.m. Friday 7:30 p.m.

Tuesday 1:30 p.m. Saturday 11:30 a.m.

Wednesday 8:30 p.m. Sunday 3:30 p.m.

Thursday 12:30 p.m.

SENIOR VITAL LIVING MONTGOMERY



SENIOR VITAL LIVING

Supporting the independence of Seniors



What is Senior Vital Living and Why is it Important to You?

Finding a new direction, learning about all the possibilities, using your experience and knowledge and continuing to learn and grow are key elements of the Vital Living philosophy. On the web at www.montgomerycountymd.gov enter Senior Vital Living in the Search box

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TELEPHONE NUMBERS OF INTEREST TO SENIORS

AGING AND DISABILITY SERVICES

Main Information Line

240-777-3000

Adult Protective Services

240-777-3000

Commission on People with

Disabilities

240-777-1246

Crisis Center

240-777-4000

Medical Assistance Long Term Care

240-777-3995

Ombudsman for Nursing Homes and

Assisted Living

240-777-3369

Senior Nutrition Program

240-777-3810

SENIOR CENTERS

Damascus Senior Center

240-777-6995

Holiday Park Senior Center

301-468-4448

Long Branch Senior Center

301-431-5708

Margaret Schweinhaut Senior Center

301-681-1255

Rockville Senior Center

240-314-8810

Gaithersburg Senior Center

301-258-6380

SENIOR RECREATION

301-468-4540

OTHER TELEPHONE NUMBERS OF

IMPORTANCE

Friendly Visitor/Pets on Wheels

301-424-0656

Housing Information 301-929-2300

Housing Opportunities Commission

301-929-6700

Jewish Council for the Aging 301-881-

8782

Legal Services for Seniors 301-927-6800

Respite Services of Montgomery County

301-816-9647

Senior Health Insurance Counseling

301-590-2819

Disability Resource Center 240-777-0140

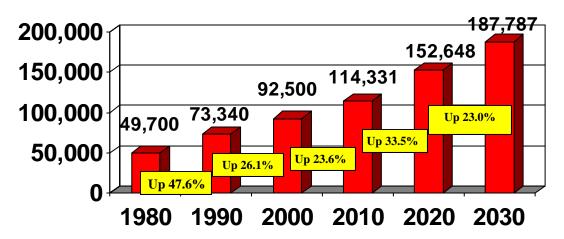
TTY: 240-777-0902



MONTGOMERY COUNTY SENIOR STATISTICS

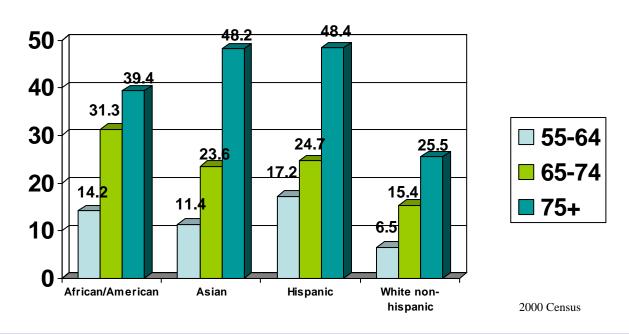
Actual and Projected Population Growth, Montgomery County 1980- 2030

Residential Population, Age 65+



2000 Census

PERCENT HOUSEHOLDS WITH INCOME BELOW \$25,000



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COMMISSION ON AGING

401 HUNGERFORD DRIVE, 4TH FLOOR

ROCKVILLE, MD 20850

240-777-1120 (VOICE)

240-777-1236 (TTY)

240-777-1436 (FAX)



AGING AND DISABILITY SERVICES

THE AGING & DISABILITY SERVICES INFORMATION & ASSISTANCE LINE 240-777-3000

DEPARTMENT OF HEALTH & HUMAN SERVICES

Easy Access to Information about all Montgomery County, Health & Human Services 240-777-1245

240-777-1295 TTY